

# **PRAYER MANUAL**

**PRAYER**

### **Do you find prayer intimidating?**

It doesn't have to be. Prayer can be a wonderful experience if we know how to pray God's way. The fact that you are reading this manual on Prayer says you are interested in prayer. Prayer is simply a conversation with God, just talking with God, talking with your Father, your daddy. When we talk to someone as close as our Father, we share it all. We share our fears, frustrations, our heart's desires, the good, the bad and the ugly. God hears us when we pray and He answers our prayers. He loves to hear from us, He is always available to us, and He is even waiting for us. We are to come to Him humbly, but also boldly.

Humbly because we know we don't deserve to, boldly because God tells us to.

### **What does humbly and boldly mean?**

According to the dictionary humbly means not proud or haughty; not arrogant or assertive. Boldly means not hesitating or fearful in the face of actual or possible danger or rebuff; courageous and daring: *a bold hero*.

### **So how do we put these two things together, humbly, and boldly?**

They almost sound like they contradict each other. We come before Him boldly because of who HE is not who we are. We are who we are because of Him. We are nothing without Him. Know that we can come before Him humbly but with great boldness (in Him). His ways are perfect, His ways are not our ways. We need to yield to His ways. He always answers our prayers. It might be yes, no or not yet. He is never farther than a prayer away.

*So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most. Hebrews 4:16 (NLT)*

*Ask boldly, believably, without a second thought. James 1:6 (The Message)*

*And we are confident that he hears us whenever we ask for anything that pleases him. And since we know he hears us when we make our requests, we also know that he will give us what we ask for. 1 John 5:14-15 (NLT)*

*I will answer them before they even call to me. While they are still talking about their needs, I will go ahead and answer their prayers! Isaiah 65:24 (NLT)*

*For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will [get it]. Mark 11:24 (Amplified)*

*Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results. James 5:16 (NLT)*

*For where two or three gather together as my followers, I am there among them. Matthew 18:20 (NLT)*

## HOW TO PRAY

Fortunately for us, God shows us how to pray in the Bible, His Word. The Bible teaches us to pray any way, any time, any place and about anything. Nothing is too big or too small for God. God sees our hearts. He is not critiquing our prayers. He is not looking at how you pray; He is looking at your heart, he is looking for a true and pure heart. He loves to hear us pray. He is compassionate about us.

*I pray with all my heart; answer me, Lord! I will obey your decrees. Psalm 119:145 (NLT)*

The disciples asked Jesus to help them know how to pray. If the disciples ask for help why wouldn't we ask for help?

*Lord teach us to pray.... Luke 11:1 (NLT)*

We know Jesus went away to be alone with His Father to pray. If Jesus, the Son of God took time to pray, to be alone with His Father don't you think we should? He went away early in the morning.... before daybreak.... into the wilderness.... we need to follow His example.

*The next morning Jesus awoke long before daybreak and went out alone into the wilderness to pray. Mark 1:35 (NLT)*

## SALVATION PRAYER

### How do we pray to ask Jesus into our hearts?

There is no exact prayer to say to ask Jesus into our hearts, He knows everything about us, He knows what we are thinking. He looks at our hearts. If we have the privilege of praying with someone to accept Jesus as their Lord and Savior, how do we do that? Here is a very simple prayer that you can change or customize to fit the circumstances:

*Lord to the best of my ability I want to ask you to come into my heart. I don't know exactly what that means but I have been trying to do it on my own and I know I can't. I need You. I know Lord you died on the cross for my sins and I want to ask you to forgive me and take control of my life.*

### **How do we lead someone to ask Jesus into their heart?**

You can pray a salvation prayer for yourself or you can pray it with someone else and have them repeat after you or have them pray silently along with you if they choose.

## **CONFIDENTIALITY**

***Confidentiality is so important!!*** As a representative of Jesus Christ and your Church, you will have the privilege in the Prayer Ministry to hear very private information. With that privilege, you must hold confidentiality. When you receive a prayer request, you are obligated to keep that information private, confidential.

***People trust us, their church, with their prayers. This is a privilege we have as part of the Prayer Team. We need to be wise and considerate with their information. We cannot share this information with anyone.***

### **What information is considered confidential?**

- **ALL** prayer requests!!

### **What are the Exceptions?**

- Information that you have received permission to share
- Information that involves suicidal or homicidal threats and/or behavior
- Information that the law requires to be reported

You may be asked to pass on information to the church staff or other ministry leaders.

***When in doubt, ask for permission before sharing ANY information.***

If you get a prayer request that mentions thoughts or intentions of harming themselves or others – **notify the staff immediately.**

# INTERCESSORY PRAYER

**There is nothing that makes us love a man so much as praying for him. --William Law**

## What is Intercessory Prayer?

Intercessory prayer is basically praying for others. An intercessor is one who takes the place of another or pleads another's case. This is when we come to God on behalf of another or others who desperately need God's intervention.

**God never gives us discernment in order that we may criticize, but that we may intercede. --  
Oswald Chambers**

## Why Do We Pray?

Prayer is part of becoming more like Christ. Let's look at what His Word says about prayer.

**Some people pray just to pray and some people pray to know God. --Andrew Murray**

Prayer was modeled for us by Christ.

Jesus took the time to show his followers how to pray. Here are some examples based on scripture in Matthew 6: 5-15.

*<sup>5</sup>When you pray, don't be like those show-offs who love to stand up and pray in the meeting places and on the street corners. They do this just to look good. I can assure you that they already have their reward. <sup>6</sup>When you pray, go into a room alone and close the door. Pray to your Father in private. He knows what is done in private, and he will reward you.*

*When you pray, don't talk on and on as people do who don't know God. They think God likes to hear long prayers. <sup>8</sup>Don't be like them. Your Father knows what you need before you ask. <sup>9</sup>You should pray like this: Our Father in heaven, help us to honor your name.*

*<sup>10</sup>Come and set up your kingdom, so that everyone on earth will obey you, as you are obeyed in heaven. <sup>11</sup>Give us our food for today. <sup>12</sup>Forgive us for doing wrong, as we forgive others. <sup>13</sup>Keep us from being tempted and protect us from evil.*

*<sup>14</sup>If you forgive others for the wrongs they do to you, your Father in heaven will forgive you.*

*<sup>15</sup>But if you don't forgive others, your Father will not forgive your sins. (Matthew 6:10-15)*

The scripture makes it very clear that we are to pray alone with God and not for the benefit of others seeing us or knowing, so that we will get our reward from God and not man.

We are not to pray ritual prayers or prayers with big words. We are to simply talk to our Father in Heaven.

He even gives us an example of how to pray. (Verses 10-13)

Then He tells us we must forgive others if we want Him to forgive us, that is very clear. We must forgive over and over, not just once. It does not say we must trust those who hurt us but we are commanded to forgive. We have a choice. Are we going to be obedient, now that we know just what to do? (Verses 14-15)

*Then Peter came up to Him and said, Lord, how many times may my brother sin against me and I forgive him and let it go? [As many as] up to seven times? Jesus answered him, I tell you, not up to seven times, but seventy times seven! Matthew 18: 21-22 (AMP)*

Jesus' final words on earth were a prayer:

*Jesus called out with a loud voice, "Father, into your hands I commit my spirit." When he had said this, he breathed his last. Luke 23:46 (NIV)*

Prayer brings pleasure to God:

*He delights in the prayers of the upright. Proverbs 15:8b (NLT)*

## COMMITMENT TO PRAYER

**Are you willing to commit to prayer? Do you need to commit?** If you are, I promise your life will be changed. God loves it when we pray, when we talk to Him. Think about it, we commit our life to the Lord and ask Him to take control of our life and then we don't even talk to Him? How is He going to guide us without us connecting to Him? How long do we need to commit to prayer? Daily? For an hour a day? Once a week? God says pray continually. Just as we would talk to someone we wanted to get to know better, we need to talk to God. If we want Him to be our power source, we need to plug into Him.

We need to take time daily, as well as pray consistently throughout the day. Commitment does not just happen on its own. We need to discipline ourselves to spend time with God.

**When should we pray?** We should pray in all circumstances. When the circumstances seem impossible, we need to pray. If we do not understand, we need to pray. If we want to be more like Christ, we need to pray. When we are tempted, we need to pray. We need to take everything to our Lord in prayer, no matter how big or small—He cares.

**Accustom yourself gradually to carry Prayer into all your daily occupation—speak, act, work in peace, as if you were in prayer, as indeed you ought to be. --François Fénelon**

*Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak! Matthew 26:41 (NLT)*

Prayer is not a reason to stop doing anything, prayer is a way of saying, God what do I do. Lord this is your problem show me what to do.

*I also pray that you will understand the incredible greatness of God's power for us who believe him. This is the same mighty power that raised Christ from the dead and seated him in the place of honor at God's right hand in the heavenly realms.*

**Ephesians 1: 19-20 (NLT)**

***Never stop praying. 1 Thessalonians 5:17 (NLT)***

## Praying Scripture

It is wonderful to pray scriptures. To do this you personalize the scripture by either adding your name or the name of whom you are praying for. Here are some examples based on the scripture in Psalm 91, Verses 1-3.

*<sup>1</sup> Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. <sup>2</sup> This I declare about the LORD: He alone is my refuge, my place of safety; he is my God, and I trust him. <sup>3</sup> For he will rescue you from every trap and protect you from deadly disease.*

**Psalm 91:1-3 (NLT)**

Example for yourself:

*Lord I will live in Your shelter of the Most High, I will find rest in the shadow of You Almighty. This I declare about You Lord; You alone are my refuge, my place of safety; You are my God and I trust You. You have said You will rescue me from every trap and protect me from deadly disease. Psalm 91:1-3 (personalized)*

Example for your family:

*Lord the Smiths will live in the shelter of the Most High and the Smiths will find rest in Your shadow, the Almighty. <sup>2</sup> the Smiths declare: You alone are our refuge, our place of safety; You are our God, and we will trust You. <sup>3</sup> For You will rescue the Smiths from every trap and protect them from deadly disease. Psalm 91:1-3 (personalized)*

Praying for someone else:

Lord I pray Sally will live in the shelter of the Most High and I pray Sally will find rest in the shadow of the Almighty. <sup>2</sup> I pray she will declare: You alone are her refuge, her place of safety; You are her God, and I pray she will trust You. <sup>3</sup> For You will rescue Sally from every trap and protect her from deadly disease. Psalm 91:1-3 (personalized)

## SPIRITUAL PRAYER

**The Holy Spirit Prays for Us.** God has given us his Holy Spirit to aid us in prayer, even when we do not know what to pray He even prays for us when we are not able to pray for ourselves. What a great God we serve.

*And in the same way-by our faith-the Holy Spirit helps us with our daily problems and in our praying. For we don't even know what we should Pray for nor how to pray as we should, but the Holy Spirit prays for us with such feeling that it cannot be expressed in words. And the Father who knows all hearts knows, of course, what the Spirit is saying as he pleads for us in harmony with God's own will.*

Romans 8:26-27 (Living)

**Prayer Allows Us to Worship our Savior**

*O come, let us worship and bow down, let us kneel before the Lord our Maker [in reverent praise and supplication].*

Psalm 95:6 (AMP)

We often think of Worship as singing but Worship is so much more than singing. We are Worshiping the Lord when we come to Him in prayer. This is a great way to Worship and Praise our Lord and Savior.

He is always available to listen to us and He loves it when we also listen to Him. Any strong relationship requires both talking and listening. We need to take the time to listen to what our Lord has to say to us as well as pray to Him. We listen to Him and He listens to us.

**Prayer Allows Us to Share Our Requests with God.** Prayer is God's way for us to share our concerns and present our needs to him. We can talk to God about anything, absolutely anything, and He is available and willing to listen and answer.

*You want what you don't have, so you kill to get it. You long for what others have, and can't afford it, so you start a fight to take it away from them. And yet the reason you don't have what you want is that you don't ask God for it. And even when you do ask you don't get it because your whole aim is wrong--you want only what will give you pleasure.*

James 4:2-3 (Living)



God wants to give us what is best for us but we need to ask with the right motives and with a heart that knows His will is best for us.

No request is too big or too small to bring to our Lord. He is always available.

**Prayer Enables Us to Seek Forgiveness.** When we pray sincerely for forgiveness, God will hear our prayers and restore us. Hosea 14:1-7.

*If My people, who are called by My name, shall humble themselves, pray, seek, crave, and require of necessity My face and turn from their wicked ways, then will I hear from heaven, forgive their sin, and heal their land. 2 Chronicles 7:14 (AMP)*

We need to confess our shortcomings (sin) to the Lord and bring them to His alter for forgiveness. Confession is a big part of prayer.

*But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. 1 John 1:9 (NLT)*

*Create in me a clean heart, O God, and renew a right, persevering, and steadfast spirit within me. Cast me not away from Your presence and take not Your Holy Spirit from me. Restore to me the joy of Your Salvation and uphold me with a willing spirit. Psalm 51:10-12 (AMP)*

**Prayer Helps Us Overcome Worry.** In the midst of troubles, we can receive God's peace through prayer. We can either pray or worry. We cannot do both at the same time.

**Pray and Let God Worry. --Martin Luther**

*Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus.*

*Philip. 4:6-7 (Living)*

*Give all your worries and cares to God, for he cares about you. 1 Peter 5:7 (NLT)*

*"These things have I spoken unto you, that in me ye might have peace. In the world ye shall have tribulation; but be of good cheer, for I have overcome the world." John 16:33 (KJV)*

**I have been driven many times to my knees by the overwhelming conviction that I had absolutely no other place to go. --Abraham Lincoln**

**Prayer Increases Our Spiritual Knowledge and Maturity.** God will give us greater spiritual understanding through prayer. He wants to talk to us and grow us when we talk to Him.

*“Call to Me, and I will answer you, and I will tell you great and mighty things, which you do not know.” Jeremiah 33:3 (NASB)*

If we want God to answer our prayers, we must draw close to Him and spend time with Him, we must seek Him. As we grow closer to Him, we hear from Him more often because we develop a relationship and we are taking the time to not only talk to Him but to listen to Him as well. His desire is for us to seek Him. He loves to spend time with us.

*..as newborn babes, desire the pure milk of the word, that you may grow thereby. 1 Peter 2:2 (KJV)*

## PRAYER STRUCTURE

**How do we organize our prayers?** I spent many years of my life trying to spend time with my Heavenly Father only to realize I didn't really know how. I was instructed to have a "Quiet Time" each day but still didn't know how to do that. If you have found yourself day dreaming or even falling asleep when you have committed to a certain time to pray, you are not alone. There are many models out there to help us organize our prayers and stay focused.

*Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere. Ephesians 6:18 (NLT)*

I have developed a prayer model that is structured to keep you organized and focused. I believe that this model can be used during the changing seasons in your life, whether you are in the desert or on a mountain top. It is an acrostic for the word P.R.A.Y.

## P.R.A.Y.

### **Praise Him and Thank Him Always**

Praise Him for how much He loves you and for dying on the cross for your sins. Thank Him for what He has done and who He is.

*I will praise you, Lord, and everyone will respect your Holy name forever. Psalm 145:21 (CEV)*

### **Remember to Confess**

Confess to Him daily/hourly. Ask Him to forgive you for what you have done.

*Confess your sin to the Lord.... Ezra 10:11 (NLT)*

### **Ask for the Desires of Your Heart**

He already knows what you are thinking so talk to Him and ask Him for His help, His guidance.

*Ask, and you will receive. Matthew 7:7 (CEV)*

### **Yearn to Hear His Voice**

Be quiet and listen for what He has to say to you.

*Be Still and Know that I am God... Psalm 46:10 (NLT)*

## JOURNALING

In addition to following the P.R.A.Y. model, it's important for your spiritual growth to begin journaling. I always begin with **Praise Him and Thank Him**. I then look in the book of Psalms and meditate on the praises in the scripture. I may write them down either by hand or on my computer. I write praises to Him. Once you begin talking or writing, it will just flow. You will find that you have so much to Praise and Thank Him for. I find that I can go on and on about His love, about who He is, and about all He has done for me.

Next, move on to **Remember to Confess**. I ask Him to bring to my mind all that I need to bring to His altar, and He does. I will list my sins, thoughts, words, attitudes, actions and ask Him to forgive me of them. I ask Him to make me a clean vessel to be used by Him. I ask Him to make me white as snow.

Now, I move on to **Ask for the Desires of Your Heart**. He already knows what is on our heart but He wants us to ask Him, to seek Him. I begin with, "Lord this is my heart but I want Your will Lord, not my will." This is where I lay all my requests before Him and ask for His will to be done, telling Him what I desire according to His will. I love going back into my past journals and seeing what He has done and how He has answered my prayers.

I am then ready to move to **Yearn to Hear His Voice**. This is where I am quiet and seek to hear what He has to say to me. I am better at talking than listening, I am not good at allowing God to speak to me. This is a great way to hear Him speak to us, to be still and know that HE is God. If we want God to speak to us, we need to take the time with Him, so He can speak to us.

### **Bible Journal**

It is also important when we spend time with God to spend time in His Word. What I have found works for me is to journal in His Word. I call this my **Bible Journal**. The way I do this is to copy and paste a book of the Bible into a Word document on my computer. I use a translation easy to understand like The Message or New Living Translation. A good website to use to get the Bible text is <http://www.biblegateway.com>. <http://www.youversion.com>.

Then I go to my computer and start my **Bible Journal**. I choose a Book in the Bible from the website and copy it in black onto my Word document for the day. Then, I type in red font my own prayer or words that I want to journal. I copy an entire book at a time so I do not have to daily copy but journal daily.

Here are some examples:

**May 3, 2013**

**James 1 (NLT)**

**Greetings from James**

<sup>1</sup> This letter is from James, a slave of God and of the Lord Jesus Christ. I am writing to the “twelve tribes”—Jewish believers scattered abroad. Greetings!

### **Faith and Endurance**

<sup>2</sup> Dear brothers and sisters,<sup>[a]</sup> when troubles come your way, consider it an opportunity for great joy

**MY JOURNALING:** Lord this is my desire but it is so hard for me to consider it great joy when I am experiencing times of trouble, help me Lord to consider it joy in times of trial, help me to focus on You and not me.

<sup>3</sup> For you know that when your faith is tested, your endurance has a chance to grow. <sup>4</sup> So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.

**MY JOURNALING:** Lord right now my faith is being tested so I know this is an opportunity for my endurance to grow. Lord help me to grow so I can be more like You Lord. All I need is You Lord.

<sup>5</sup> If you need wisdom, ask our generous God, and He will give it to you. He will not rebuke you for asking.

**MY JOURNALING:** Lord I need wisdom, I thank You in advance for the wisdom You will bless me with. I am so grateful that You will not rebuke me for asking

**May 4, 2013**

<sup>6</sup> But when you ask him, be sure that your faith is in God alone. Do not waver, for a person with divided loyalty is as unsettled as a wave of the sea that is blown and tossed by the wind. <sup>7</sup> Such people should not expect to receive anything from the Lord. <sup>8</sup> Their loyalty is divided between God and the world, and they are unstable in everything they do.

**MY JOURNALING:** Lord my faith is in You alone. I come before You with all the faith I have, my loyalty is for You alone Lord. I am stable in You Lord. I love You.

In times of trails or deserts I find myself spending most of my time in the Psalms. This is a great place to be when you are hurting or in need of God’s comfort, crying out to God like David did in the Psalms. I may spend some time in the New Testament and then move into the Psalms.

**May 5, 2013**

**Psalm 4**

<sup>1</sup> Answer me when I call to you, O God who declares me innocent. Free me from my troubles. Have mercy on me and hear my prayer.

**MY JOURNALING: Oh Lord answer me when I call to You. Lord free me from my troubles but help me to learn as I go through them. Lord have mercy on me and hear my prayer.**

<sup>2</sup> How long will you people ruin my reputation? How long will you make groundless accusations? How long will you continue your lies? Interlude <sup>3</sup>You can be sure of this: The LORD set apart the godly for himself. The LORD will answer when I call to him. <sup>4</sup>Don't sin by letting anger control you. Think about it overnight and remain silent. Interlude <sup>5</sup>Offer sacrifices in the right spirit, and trust the LORD.

**MY JOURNALING People want to ruin my reputation, they try to hurt me but I am set apart, I am Yours Lord. I know You will answer me when I call. Lord help me to not sin in my anger, keep me from allowing my anger to control me Lord. I will trust You Lord and I will not speak until I have thought about what to say, I need Your help Lord.**

Ultimately, there are many ways to have a meaningful time with God. Try different ways to see what works best for you. I find changing methods periodically works well for me. Pray about what is best for you.

### **Prayer Journal**

I use this model every morning. I have a journal on my computer and I keep my journals. I have included a **Prayer Journal** at the end of this manual. Using a journal will help your spiritual maturity. This is very helpful to go back later and see what God has done in your life.

Now that I have used this model for a while, I pray this way often, even when I do not have my journal. When I wake up in the night, before I get out of bed, or while I am driving, I will begin praying this to Him. This is a great way to stay focused and not use God as a Genie by just telling him what you want. I Praise Him, Confess, Share my Heart and give Him the time to Talk to me.

I find it beneficial to begin with:

**P**raise Him and Thank Him

**R**emember to Confess

**A**sk For the Desires of Your Heart

**Y**earn to Hear His Voice

# PRAYER JOURNAL



*And Jesus prayed this prayer: "O Father, Lord of heaven and earth, thank you for hiding the truth from those who think themselves so wise, and for revealing it to little children."*

*Matthew 11:25 (Living)*

*"Unless you turn to God from your sins and become as little children, you will never get into the Kingdom of Heaven."*

*Matthew 18:3 (Living)*

# PRAYER JOURNAL

God has seen all that you have been through. He will never leave you or forsake you, He promises. Keep your eyes focused on Him.

*I will never fail you. I will never abandon you. Hebrews 13:5b(NLT)*

I pray as you go through this next journey, that you will lean on Him and grow closer to Him every day.

*Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. Proverbs 3:5-6 (NIV)*

God has a plan and a purpose for your life. As you talk to Him and listen to Him, He will help you see His plan for you. He wants to be your best friend; He wants to show you how to live your life in the best way —His way.

*“For I know the plans I have for you,” says the LORD. “They are plans for good and not for disaster, to give you a future and a hope.” Jeremiah 29:11 (NLT )*

Again, God will never leave you or forsake you, NEVER.

He will always be with you. As you call to Him and seek Him, He hears you and He will guide you in all you do.

*Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; He will never leave you nor forsake you. Deuteronomy 31:6 (NLT)*

Enjoy your time with God. He will change you as He has changed me.

He is a God of miracles and He wants to work in your life.

I pray that His will, will be done in your life.

Remember to keep your eyes on Him always.

Praying with you,



## P. R. A. Y.

### **P**raise Him and Thank Him Always

Praise Him for how much He loves you and for dying on the cross for your sins. Thank Him for what He has done and who He is.

*I will praise you, Lord, and everyone will respect your Holy name forever.*

*Psalm 145:21 (CEV)*

### **R**emember to Confess

Confess to Him daily/hourly. Ask Him to forgive you for what you have done.

*Confess your sin to the Lord.... Ezra 10:11 (NLT)*

### **A**sk for the Desires of Your Heart

He already knows what you are thinking so talk to Him and ask Him for His help, His guidance.

*Ask, and you will receive. Matthew 7:7 (CEV)*

### **Y**earn to Hear His Voice

Be quiet and listen for what He has to say to you.

*Be Still and Know that I am God... Psalm 46:10 (NLT)*



**Praise Him and Thank Him**

**Always**

Thank you Lord for all that you do  
and for who you are. I will praise  
you in all that I do.

*The Lord is my strength and my  
song; He has given me victory. This  
is my God and I will praise Him, my  
father's God, and I will exalt him!*

Exodus 15:2 (NLT)

*I called on the Lord, who is worthy  
of praise, and He saved me from my  
enemies. 2 Samuel 22:4 (NLT)*

*Yours, O Lord, is the greatness and  
the power and the glory and the  
majesty and the splendor, for  
everything in heaven and earth is  
yours. Yours, O Lord, is the  
kingdom; you are exalted as head  
over all. Wealth and honor come  
from you; you are the ruler of all  
things. In your hands are strength  
and power to exalt and give  
strength to all. Now, our God, we  
give you thanks, and praise your  
glorious name.*

1 Chronicles 29:11-13 (NIV)

*I will thank the LORD because He is  
just; I will sing praise to the name of  
the LORD Most High.*

Psalm 7:17 (NLT)

*I will be glad and rejoice in Your  
mercy and steadfast love, because  
You have seen my affliction, You  
have taken note of my life's  
distresses. Psalm 31:7 (Amplified)*

**Praise You Lord and Thank You for:**

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**Praise Him and Thank Him**

**Always**

Thank Him for everything He does and is.

God does so much for us. We want to remember to thank Him always.

Lord thank you for your love, grace, mercy and most of all your salvation.

Lord you know everything about me and you still love me, thank you Lord.

Thank you for the beautiful days you make for me.

Thank you Lord for dying on the cross for my sins.

Thank you Lord for your power in my life.

Thank you Lord for your blessings and for not giving me what I deserve.

Thank You Lord that you are always available to me. You are always listening.

I love you Lord with all that I have.

*You are my God, and I will thank you. Psalm 118:28a (ICB)*

**Praise You Lord and Thank You for:**

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***P*** *raise Him and Thank Him*

*Always*

*Praise him with tambourines and dancing. Praise him with stringed instruments and flutes.*

*Psalm 150:4 (ICB)*

*So through Jesus let us always offer our sacrifice to God. This sacrifice is our praise, coming from lips that speak his name.*

*Hebrews 13:15 (ICB)*

*How we praise God, the Father of our Lord Jesus Christ, who has blessed us with every blessing in heaven because we belong to Christ.*

*Ephes. 1:3 (Living)*

*My shield is God most High, who saves the upright in heart. God is a righteous judge, a God who expresses his wrath every day.*

*Psalm 7:10-11 (NIV)*

*O Lord, our Lord how majestic is your name in all the earth.*

*Psalm 8:1 (NIV)*

*The Lord is my strength, the reason for my song, because he has saved me.*

*I praise and honor the Lord—He is my God and the God of my ancestors.*

*Exodus 15:2 (CEV)*

*Offer your praises to him, because you have seen him work such terrifying miracles for you.*

*Deut. 10:21 (CEV)*

***P*** *raise You Lord and Thank You for:*

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**Remember to Confess**

*Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.*

*Psalm 139:23-24 (NIV)*

*If we say that we have not sinned, we are fooling ourselves, and the truth isn't in our hearts. But if we confess our sins to God, he can always be trusted to forgive us and take our sins away.*

*1 John 1:8-9 (CEV)*

*Wash me clean from all of my sin and guilt. Psalm 51:2 (CEV)*

*Repent, for the kingdom of heaven is near. Matthew 3:2 (NIV)*

*Jesus, overhearing, shot back, "Who needs a doctor: the healthy or the sick? I'm here inviting the sin-sick, not the spiritually-fit."*

*Mark 2:17 (Msg)*

*I have not come to invite good people. I have come to invite sinners to change their hearts and lives!*

*Luke 5:32 (ICB)*

*Well, in the same way heaven will be happier over one lost sinner who returns to God than over ninety-nine others who haven't strayed away! Luke 15:7 (Living)*

**Remember to Confess**

**Lord Forgive me for:**

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**Remember to Confess**

But you want complete honesty, so  
teach me true wisdom.  
Psalm 51:6 (CEV)

Take away my sin, and I will be  
clean. Wash me, and I will be  
whiter than snow. Psalm 51:7 (ICB)

Create in me a new, clean heart, O  
God, filled with clean thoughts and  
right desires. Psalm 51:10 (Living)

Make me as happy as you did when  
you saved me; make me want to  
obey! Psalm 51:12 (CEV)

In Christ we are set free by the  
blood of his death. And so we have  
forgiveness of sins because of God's  
rich grace. God gave us that grace  
fully and freely. God, with full  
wisdom and understanding,  
Ephes. 1:7-8 (ICB)

Instead, be kind to each other,  
tenderhearted, forgiving one  
another, just as God through Christ  
has forgiven you. Ephes. 4:32 (NLT)

Psalm 55

Psalm 56

Psalm 57

**Remember to Confess**

**Lord Forgive me for:**

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**Remember to Confess**

He died on the cross for your sins,  
bring them to Him

*For this is my blood, which confirms  
the covenant between God and His  
people. It is poured out as a  
sacrifice to forgive the sins of many.  
Matthew 26:28 (NLT)*

Bring all of your concerns and sins  
and leave them at the foot of the  
cross, that is what He died for.

*Then Jesus said, "Come to me, all of  
you who are weary and carry heavy  
burdens, and I will give you rest.  
Matthew 11:28 (NLT)*

*For God has not given us a spirit of  
fear and timidity, but of power,  
love, and self-discipline.  
2 Timothy 1:7 (NLT)*

*"Brothers, listen! We are here to  
proclaim that through this man  
Jesus, there is forgiveness for your  
sins. Acts 13:38 (NLT)*

*Lord when you forgive me and I  
cannot forgive myself it is like me  
saying what you did on the cross is  
not good enough. Make me more  
like you Lord and less like me.*

**Remember to Confess**

**Lord Forgive me for:**

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**Ask for the Desires of Your Heart**

He already knows what you are thinking so talk to Him and ask Him for His help.

*May He grant your heart's desires and make all your plans succeed.*

Psalm 20:4

God knows every thought you have. So talk to Him, tell Him how you are feeling and what you need. He already knows but He wants you to come to Him. Cry out to Him always. When it feels like no one else is listening, God is always listening to you.

Lord, hear my prayers.

Lord, I bring these requests to you according to your will. I love you Lord and I know that you know what is best for me and my family.

Lord, I trust you.

*Remember, your Father knows exactly what you need even before you ask him! Matthew 6:8 (Living)*

*If a child asks his father for a loaf of bread, will he be given a stone instead? Matthew 7:9 (Living)*

*Listen to my prayer, O God. Do not ignore my cry for help!*

Psalm 55:1 (NLT)

*Please listen and answer me, for I am overwhelmed by my troubles.*

Psalm 55:2 (NLT)

**Ask for the Desires of Your Heart**

**Lord the Desires of My Heart are:**

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**Ask for the Desires of Your Heart**

*Bend down, O LORD, and hear my prayer; answer me, for I need your help. Psalm 86:1 (NLT)*

Lord Hear my prayer.

*Don't worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all he has done. Philippians 4:6 (NLT)*

Lord I do not want to worry, help me keep my eyes on you. Lord, hear my prayers.

*Devote yourselves to prayer with an alert mind and a thankful heart. Colossians 4:2 NLT)*

Lord I devote myself to you, keep my mind focused on you and keep my heart thankful

*Answer me when I call to you, O God who declares me innocent. Free me from my troubles. Have mercy on me and hear my prayer. Psalm 4:1 (NLT)*

Yes Lord answer my prayer, it is you Lord that declares me innocent, free me Lord from my troubles. Praise you for your mercy and for hearing my prayer

*Please listen and answer me, for I am overwhelmed by my troubles. Psalm 55:2 (NLT)*

**Ask for the Desires of Your Heart**

**Lord the Desires of My Heart are:**

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**Ask for the Desires of Your Heart**

*The LORD has heard my plea; the  
LORD will answer my prayer.  
Psalm 6:9 (NLT)*

Lord I know you hear my plea, I  
know you will answer according to  
your will, your will not mine Lord

*“Keep on asking, and you will  
receive what you ask for. Keep on  
seeking, and you will find. Keep on  
knocking, and the door will be  
opened to you. <sup>8</sup> For everyone who  
asks, receives. Everyone who seeks  
finds. And to everyone who knocks,  
the door will be opened.  
Matthew 7:7-8 (NLT)*

Lord I ask, Lord I seek, Lord I knock,  
praise you that you will answer  
according to your will Lord, your will  
not mine Lord.

*You can pray for anything, and if  
you have faith, you will receive it.”  
Matthew 21:22 (NLT)*

Lord thank you that I can pray for  
anything, nothing is too big or too  
small for you Lord

*Keep alert at all times. And pray  
that you might be strong enough to  
escape these coming horrors and  
stand before the Son of Man.”  
Luke 21:36 (NLT)*

Lord keep me strong; keep me  
strong in you Lord. I love you Lord

Lord thank you that you hear my  
prayers, praise you Lord  
<sup>19</sup> But God did listen!  
He paid attention to my prayer.  
Psalm 66:19

Praise you Lord that you listen and  
pay attention to my prayers

**Ask for the Desires of Your Heart**

**Lord the Desires of My Heart are:**

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**Ask for the Desires of Your Heart**

*Praise God, who did not ignore my prayer or withdraw His unfailing love from me. Psalm 66:20 (NLT)*

Lord you know me better than anyone, you know everything about me and you still love me, praise you  
Lord

*Devote yourselves to prayer with an alert mind and a thankful heart. Colossians 4:2 (NLT)*

Lord I am devoted to you and to prayer, Lord keep my mind alert and my heart thankful, praise you  
Lord.

*Morning, noon, and night I cry out in my distress, and the LORD hears my voice. Psalm 55:17 (NLT)*

Lord you see my distress and you hear my prayers, praise you that I can cry out to you all day long and you never quit listening, praise you  
Lord

*One day Jesus told his disciples a story to show that they should always pray and never give up. Luke 18:1 (NLT)*

Lord I will never give up, never

*I tell you, you can pray for anything, and if you believe that you've received it, it will be yours. Mark 11:24 (NLT)*

*Delight yourself in the Lord, and he will give you the desires of your heart. Psalm 37:4 (ESV)*

Lord I believe

**Ask for the Desires of Your Heart**

**Lord the Desires of My Heart are:**

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**Y**earn to Hear His Voice

Be quiet and listen for what He has to say to you.

If you talk to Him and then ask Him to talk to you, He will. Just be quiet and listen, sometimes it takes a while but the more you do it the more you hear from Him. The best way to hear from Him is by reading His Word; praying to Him and listening to wise counsel.

*“Be still and know that I am God.”*  
*Psalm 46:10 (NIV)*

Lord I desire to hear your voice,  
speak to my heart Lord.

Lord I love you and desire to grow  
closer to you today.

Speak to me Lord, show me your  
way, have your way in me Lord.

Give me a burning desire to know  
you better, wake me up in the  
morning eager to spend time with  
you Lord.

*When I am afraid, I will trust you. I  
praise God for His Word. I trust God.  
So I am not afraid. What can  
human beings do to me?*  
*Psalm 56:3-4 (ICB)*

*If you hear His voice today, don't be  
stubborn like those who rebelled.*  
*Hebrews 3:15 (CEV)*

**Y**earn to Hear His Voice

**L**ord I Hear You saying:

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## Yearn to Hear His Voice

Be quiet and listen for what He has  
to say to you.

If you talk to Him and then ask Him  
to talk to you, He will. Just be quiet  
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while but the more you do it the  
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His Word; praying to Him and  
listening to wise counsel.

*"Be still and know that I am God."  
Psalm 46:10 (NIV)*

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Speak to me Lord, show me your  
way, have your way in me Lord.

Give me a burning desire to know  
you better, wake me up in the  
morning eager to spend time with  
you Lord.

*When I am afraid, I will trust you. I  
praise God for His Word. I trust God.  
So I am not afraid. What can  
human beings do to me?  
Psalm 56:3-4 (ICB)*

*If you hear His voice today, don't be  
stubborn like those who rebelled.  
Hebrews 3:15 (CEV)*

## Yearn to Hear His Voice

### Lord I Hear You Saying:

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**Yearn to Hear His Voice**

*You have seen me tossing and turning through the night. You have collected all my tears and preserved them in your bottle! You have recorded everyone in your book.*  
*Psalm 56:8 (Living)*

*Turn to the Lord! He can still be found. Call out to God! He is near.*  
*Isaiah 55:6 (CEV)*

*I trust in God. I will not be afraid. What can people do to me?*  
*Psalm 56:11 (ICB)*

*"Be still, and know that I am God."*  
*Psalm 46:10 (NIV)*

*Stay joined to me and let my teachings become part of you. Then you can pray for whatever you want, and your prayer will be answered.*  
*John 15:7 (CEV)*

*And I pray that Christ will be more and more at home in your hearts, living within you as you trust in Him. May your roots go down deep into the soil of God's marvelous love.*  
*Ephes. 3:17 (Living)*

*And now, brothers, as I close this letter, let me say this one more thing: Fix your thoughts on what is true and good and right. Think about things that are pure and lovely, and dwell on the fine, good things in others. Think about all you can praise God for and be glad about.*  
*Philip. 4:8 (Living)*

**Yearn to Hear His Voice**

**Lord I Hear You Saying:**

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